

► Pre-Birth Planning

Evolution Revolution Radio host Dulcinea speaks to Robert Schwartz about his book, "Courageous Souls: Do We Plan Our Life Experiences Before Birth?"



EVOLUTION REVOLUTION RADIO IS FOCUSED ON OFFERING its listeners intuitive and balanced information that fosters transformation both personally and globally, ultimately raising the consciousness on planet Earth, according to its host, Dulcinea, a metaphysician, clairvoyant, clairaudient intuitive and spiritual teacher. Her weekly interviews can be downloaded as podcasts for free on iTunes by searching for "Evolution Revolution Podcasts." For more information, or to listen to the full version of the excerpt below of her interview with Robert Schwartz, visit www.evolutionrevolutionradio.com.

Also, a new edition of Schwartz' book will be released by North Atlantic Books in March 2009 under the title, "Your Soul's Plan: Discovering the

Real Meaning of the Life You Planned Before You Were Born."

Dulcinea: What was the most intriguing element of pre-birth planning that arose for you personally during your medium experience that led you to the creation of this book?

Robert Schwartz: It was really just the concept that we actually plan difficult experiences for ourselves before we are born. I had never heard of that concept before, and it was astonishing to me, but it made perfect intuitive sense as soon as I heard it. And the alternative is to believe the suffering we experience in life is nothing more than random or arbitrary. Now, I'm not suggesting that people should believe in pre-birth planning

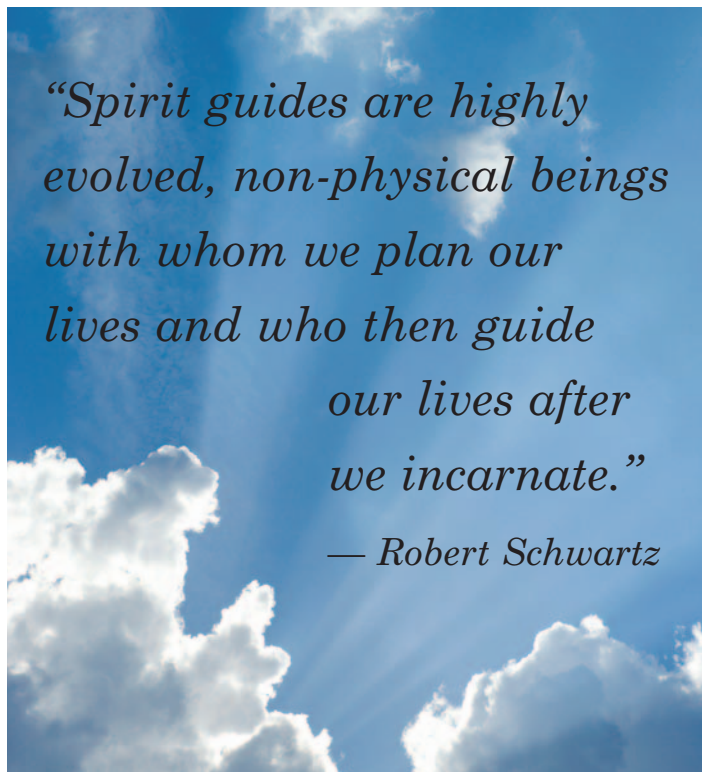


Dulcinea is the host of Evolution Revolution Radio, available as podcasts on iTunes.

because it feels good, although it does, but because after a number of years of research with some very gifted mediums and channels who can access people's pre-birth plans, I came to the conclusion that what I was told in that session with the medium is true — that we do plan our lives before we are born in great, great detail. In fact, we plan some of the most challenging things that happen to us for a number of reasons, but the primary one being that it fosters our spiritual evolution and

just kind of shook my head and I said, 'why in the world would I have done that?'

They said 'you did this for purposes of spiritual growth.' We talked about what some of my challenges had been, and why I had actually wanted before being born to have these experiences. Now, I can't overstate to you the effect that this had had on me. This information was on my mind constantly in the days and weeks and months after this session, and it allowed me to



those of the people around us.

... It was this search for meaning that led me to the session with the medium. In that session she introduced me to the concept of spirit guides, which again was something I was not familiar with. She explained to me that spirit guides are highly evolved, non-physical beings with whom we plan our lives and who then guide our lives after we incarnate. Through this particular medium I was actually able to talk with my guides. They introduced this concept of pre-birth planning. They said to me 'you planned many of your greatest challenges before you were born.' I

go back over the course of my life, review the seemingly bad things that had happened, and in many cases for the very first time see a deeper meaning or a deeper purpose to those "bad things." For me this was deeply, deeply healing, and I realized I was on to a concept that could bring similar healing to other people, and that is what really launched me on the path to write "Courageous Souls."

... The book "Courageous Souls" explains why certain people plan certain common challenges before they were born. It's an attempt to give meaning to suffering that to a lot of people appears to have no meaning. And I focus on fairly common challenges because I wanted to make the book as helpful to as many people as possible. So there are chapters on the pre-birth planning of physical illness, deafness and blindness, drug addiction, alcoholism, having handicapped children, the

death of a loved one and severe accidents. Each of the people I interviewed had several sessions with the mediums and channels so we could cross check the information that is coming through, and then all of this information about the pre-birth plans is presented in the stories in "Courageous Souls."

EDITORS' NOTE

The author contributed and is willing to continue contributing copies of the book to prisons at no charge across the United States to help those imprisoned to find hope and understanding. EE



*Your Soul's Plan:
Discovering the Real
Meaning of the Life You
Planned Before You
Were Born,"*
by Robert Schwartz
(Previously published as
"Courageous Souls.")